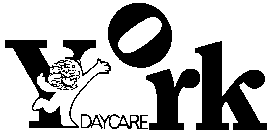
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**York University Co-operative Day Care Centre**

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| **WEEK FOUR:** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Morning**  **Snack** | * Multigrain Bagels with Cream Cheese * Fresh Fruit | * Yogurt with Granola * Fresh Fruit | * Raisin Bread Toast * Fresh Fruit | * Cereal with Milk * Fresh Fruit | * Strata * Fresh Fruit |
| **Lunch** | * Carrot Sticks (steamed for infants and toddlers) * Red Lentil Dhal (Cauliflower, Potato, Red Lentil) * Rice * Green Beans | * Cucumber Wedges * Chicken Nuggets * Mashed Potatoes * Mixed Vegetables | * Zucchini Sticks * Beef Koftas * Basmati Rice * Corn * Tzatziki Sauce | * Tomato Wedges * Tuna Noodle Casserole * Broccoli | * Chicken Noodle Soup * Sliced Chicken * Cheese * Naan Bread |
| **Afternoon**  **Snack** | * Apple Sauce * Fresh Fruit | * Corn Meal Muffins * Fresh Fruit | * Whole Wheat Pita with Hummus and Raw Vegetables (Cheese, crackers and fruit for Infants and Toddlers) | * Granola Bars (Oat Cakes for Infants and Toddlers) * Fresh Fruit | * Crackers with WOW Butter * Yogurt |
| • All meat is Halal. | • No Nut & Pork Menu. | • Milk and Dairy Alternate is Soya and Lactose Free. | •Milk, multi-grain bread, and butter is served with our lunch.  •Water is always available | • Afternoon Snack Alternative = Made Good Products | • A variety of crackers are available at the end of the day for a late snack. |