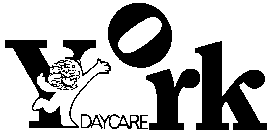
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**York University Co-operative Day Care Centre**

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| **WEEK TWO:** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Morning**  **Snack** | * Yogurt with Granola * Fresh Fruit | * Multi-Grain Bagels with Cream Cheese * Fresh Fruit | * Whole Grain Cereal with Milk * Fresh Fruit | * Whole Wheat English Muffins with Wow Butter * Fresh Fruit | * Egg and Cheese Breakfast Burrito * Fresh Fruit |
| **Lunch** | * Cucumber Slices * Falafel (peppers, onion, zucchini, carrot) * Jollof Rice * Corn | * Carrot Sticks (steamed for infants and toddlers) * Pasta with Bolognese Sauce | * Zucchini Sticks * Chicken Pelau (rice, chicken, pigeon peas) * Green Beans | * Tomato Wedges * Breaded Fish with Barley Risotto * Peas | * Wedding Soup * Veggie Pizza |
| **Afternoon**  **Snack** | * Oatmeal Squares * Fresh Fruit | * Cranberry Scones * Fresh Fruit | * Banana Loaf * Fresh Fruit | * Whole Wheat Pita with Hummus and Raw Vegetables (Cheese, Crackers and Fruit for infants and toddlers) | * Crackers with WOW Butter * Yogurt |
| • All meat is Halal. | • No Nut & Pork Menu. | • Milk and Dairy Alternate is Soya and Lactose Free. | •Milk, multi-grain bread and butter is served with our lunch.  •Water is always available | • Afternoon Snack Alternative = Made Good Products | • A variety of crackers are available at the end of the day for a late snack. |